

Social Integration in Göttingen



*Sport, dance, music,
social work, and
much more...*



PDF online

In addition to professional experience and internships, social commitment is also of great importance for personal and professional integration in a new society. A membership in a cultural association, a sports club or a social initiative should be visible in your CV, as it demonstrates your social skills and eagerness to integrate into society.

In Germany, volunteering in social initiatives is referred to as *Ehrenamt* or *Ehrenamtliches Engagement* or *Soziales Engagement*. About 40% of Germans engage in voluntary work in their free time. Therefore, social commitment offers a valuable opportunity to connect with the local community, enhance language skills, and engage in a meaningful pastime.

AStA & University Groups:
Student Initiatives



ZESG - Uni-Sport:
Sport Activities

Sport Clubs: Vereine in Göttingen

HERE YOU FIND ALL SPORTSCLUBS IN GÖTTINGEN:
STADT-SPORTBUND GÖTTINGEN

The biggest Club in Göttingen: ASC Göttingen e.V. (13,00 Euro/ Monat)



- Aikido
- Badminton
- Ballett
- Basketball
- Billard
- Bogensport
- Bowling
- Boxen
- Cheerleading
- E-Sport
- Folklore
- Fußball
- Gesundheitssport
- Gymnastik- und Fitnesskurse
- Fechten, fencing
- Handball
- Headis
- High Performance
- Hip Hop
- Inklusion durch Sport
- Jazztanz
- Judo
- Karate
- KiSSBe
- Kung_Fu
- Leichtathletik
- Linedance
- Modern Dance
- Parkour und Freerunning
- Pilates
- Rock 'n' Roll
- Schwimmen
- Speedball
- Steptanz
- Tischfußball
- Tischtennis
- Triathlon
- Turnen
- Volleyball
- Walking
- Wandern
- Wrestling
- Yoga
- Zumba®Fitness



- SCW Göttingen
- ASC Göttingen



- RSV Göttingen
- SC Hainberg
- ASC Göttingen
- SCW Göttingen
- MTV Geismar



- Allstars BG74



- ADFC
- Werkstätte:
- ADFC - Werkstatt
 - AStA Fahrradwerkstatt



- BG Göttingen
- ACS
- SCW Göttingen
- MTV Geismar



- Dancing Courses from Studierendenwerk:
- Gesellschaftstanz
 - Salsa & Bachata
 - Lindy Hop
 - Tango

Salsa Courses in Salseros Göttingen and in Freeky-Salsa

Salsa Parties:

- at Monros Park
- at Eins B with Göza Events once a Month
- at Escape Café-Bar International

Hip-Hop / Breakdance Courses at Dance Academy

Zumba at Grün-Weiss Hagenberg e.V.

Dance Courses:

- SCW Göttingen - Tanzsport
- Boogie-Woogie - ASC Göttingen
- Rock 'n' Roll - ASC Göttingen
- Modern Dance - ASC Göttingen
- Steptanz - ASC Göttingen
- Musa
- KAZ-Kurse

Indian Classical Dance – Kathak Traditional Dance:

- at Alpana Sengupta School of Kathak Göttingen
- at Samvedan: The Deodatt Persaud Kathak Studios

Sport Clubs: Vereine in Göttingen

HERE YOU FIND ALL SPORTSCLUBS IN GÖTTINGEN:
STADT-SPORTBUND GÖTTINGEN

DARTS



- Darts at SVG-Göttingen
- TWG 1861

EQUESTRIANISM



- Reitverein Hainholzhof
- Pony-, Reit- und Fahrclub
- Reitanlage Grone
- Reiterverein Bovenden
- Göttinger Birkenhof

FOOTBALL



- RSV
- ACS
- SVG-Göttingen
- SC Hainberg
- Grün Weiß Hagenberg
- SCW Göttingen

HIKING



- DAV: Wandergruppen
- Wander Community
- Maria-Frieden Wandergruppe
- ASC Göttingen
- MTV Geismar

HANDBALL



- Tuspo Weende
- MTV Geismar
- TWG1861

VOLLEYBALL



- SCW Göttingen
- MTV Geismar
- TWG1861

HOCKEY



- HC Göttingen
- TGW1861

ROLLER SCATES



- RC Göttingen (Instagram)
- TWG1861

RUGBY



- SCW Göttingen

JUDO



- ASC Göttingen
- MTV Geismar

KARATE



- Zen Karate Göttingen
- Karate Do Training
- Karate - ASC Göttingen

TABLE TENNIS



- SCW Göttingen
- ASC Göttingen
- TWG1861

TENNIS



- SCW Göttingen
- MTV Geismar

RUNNING



- Kiessee Parkrun
- Obstacle City Run

SWIMMING



- ASC Göttingen
- TWG1861

YOGA



- ASC Göttingen
- Barefoot Yoga
- TWG1861

Cultural Activities

CULTURAL ADDRESSES IN GÖTTINGEN:
KULTURADRESSEN | STADT GÖTTINGEN



- [Unicante](#), Pop
- [Uni Chor, Göttingen](#)
- [Belcanto Göttingen](#)
- [Musik & Gesang Archive - Kulturzentrum KAZ Göttingen](#)
- [Musa-Chor](#)
- [Polizeichor Göttingen e.V.](#)
- [Shantychor der Marinekameradschaft Göttingen e. V.](#)
- [Spirit of Glory](#)
- [Offenes Singen](#)
- [Offenes Singen und vieles mehr](#)



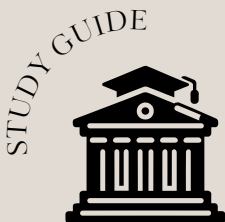
- [ThOP – Theater im OP](#)
- [Deutsches Theater Göttingen](#)
- [Junges Theater Göttingen](#)
- [BoatPeopleProjekt: kultur, göttingen, veranstaltungen, live](#)



- [Göttingen Events](#)
- [Musa](#)
- [KAZ-Göttingen](#)
- [Lumière-Méliès](#)
- [Kleiner Ratskeller](#)
- Instagram: [Göttingen, was geht?](#)



- Astronomy: [Amateurastronomische Vereinigung Göttingen \(AVG e. V.\)](#)
- Chaos Computer Club: [CCC Göttingen](#)
- Volkshochschule: [VHS](#)
- Studierendenwerk: [Fotokurse und Foto-AG](#)
- [Events in Spieleburg](#): Game nights etc
- Workshop & Events [at the city library](#)



More Information in
Study Guide
pp 36-41



Student Organisations

- AIESEC in Göttingen - AIESEC is the world's largest international student organisation, with a membership of over 100,000 students spread across 124 countries.
- ArbeiterKind.de Göttingen - A non-profit initiative with 6,000 volunteer mentors in 80 local groups across Germany. These mentors encourage students from families in which no one or hardly anyone has ever studied to pursue a degree. The mentors support them from the start of their studies to successful completion and beyond.
- agut* - An initiative represents LGBTQ+ community and advocates for the interests of queer and trans people.
- Göttingen | btS e.V. - Germany's largest network of life sciences students and doctoral candidates that offers workshops and excursions.
- Deutsch-Türkischer Akademikerbund Göttingen, "Der Verein, der Wissen schafft" - The German-Turkish Academic Association is an interdisciplinary association of students and academics at Georg August University that aims to promote intercultural dialogue in German-Turkish relations through socially critical lectures, seminars and cultural events.
- Debattierclub Göttingen
- ELSA-Göttingen e.V. - ELSA (The European Law Students' Association) represents the world's largest law student association, offering members the opportunity to engage with their studies and advance their professional development.
- Enactus Germany – An international non-profit organization aiming to create a sustainable future.
- E-Sport Union Göttingen
- ESN Göttingen
- Foto AG Studentenwerk Göttingen
- GöMUN – Debate, Reconcile, Solve - Model United Nations (MUN) is non-profit association that works as a simulation of the United Nations.
- IAESTE LC Göttingen - IAESTE is the world's largest internship exchange organisation for students of natural sciences, engineering, agriculture, and forestry.
- Studis Gegen Rechts
- Weitblick Göttingen - A student-run, non-profit association that promotes equitable access to education, both regionally and internationally.

More groups and initiatives at
AStA & University Groups:
Student Initiatives



Volunteering in Charities & Social Institutions in Göttingen

Ehrenamtlich helfen in sozialen Institutionen

LOOKING FOR A VOLUNTEERING PROGRAMME IN GÖTTINGEN?
CHECK **FREIWILLIGENAGENTUR GÖTTINGEN** AND
GIVE - ENGAGIERT IM LANDKREIS GÖTTINGEN!



In many social institutions and associations you can help on a voluntary basis. You work at least once a week for 2 hours and help other people. There is no money for this. It's fun, you meet people, you learn a lot and you can put this work on your CV.

In vielen sozialen Institutionen und Vereinen kann man ehrenamtlich helfen. Sie arbeiten mindestens 1 x in der Woche für 2 Stunden und helfen anderen Menschen. Geld gibt es dafür nicht. Es macht Spaß, Sie treffen Menschen, Sie lernen viel und Sie können diese Arbeit in ihren Lebenslauf nehmen.

You can ask for voluntary work at these addresses in Göttingen:

Bei diesen Adressen in Göttingen können Sie fragen nach ehrenamtlicher Arbeit:

- SSB Göttingen: StadtSportbund Göttingen e.V., Kontakt: Herr Raimond Golisch
- Caritas: Caritas Südniedersachsen
- Johanniter Hilfsdienst: Ehrenamt bei den Johannitern in Südniedersachsen
- German Red Cross: Deutsches Rotes Kreuz
- AWO Göttingen – Northeim: Soziale Dienstleistungen für unsere Region

Volunteer fire brigade: Freiwillige Feuerwehr | Feuerwehr Göttingen:

- Göttingen Mitte, Hagenweg 2a, Donnerstags, 19-22 Uhr,
Email: webmaster@of-stadtmitte.de
- Göttingen Holtensen, Am Sportplatz 18, Donnerstags 19-21 Uhr
- Göttingen Elliehausen, In der Klappe 27, Dienstags 19-22 Uhr
- Göttingen Bovenden, Untere Str. 30, 0551-8027
- Göttingen Weende, Am Weendespring 8, Montags 19-22 Uhr,
Ansprechpartner: Herr Alexander Müller, info@of-weende.de
- Göttingen Geismar, Kerllsgasse 2, Freitags 19-22 Uhr
- Göttingen Grone, Schülerstieg 27, Donnerstags 19-22 Uhr



Volunteering in Communities in Göttingen

Neighbourhood Centres in Göttingen: Nachbarschaftszentren | Stadt Göttingen:

- Weststadtzentrum
- Nachbarschaftszentrum Holtenser Berg
- Nachbarschaftszentrum Grone
- Stadtteilbüro Leineberg
- Nachbarschaftszentrum Lönsweg-Ebertal | AWO Göttingen – Northeim



Labor Unions:



- GEW Hochschulgruppe Göttingen - The university group of the Education and Science Union comprises a variety of individuals involved in everyday university life. Students, doctoral candidates, and research assistants collaborate to advocate for enhanced, more equitable, and socially conscious study and working environments.
- DGB Südniedersachsen-Harz
- ver.di: Bezirk Region Süd-Ost-Niedersachsen

Development policy initiatives in the region:

- Entwicklungspolitisches Zentrum Göttingen: EPIZ, Fokus Globus
- Internship or Support for African students/ immigrants P.L.E.A. e.V. „Weltbürgertreffpunkt Göttingen“ Dr. Denis Coulibaly, Gotmarstraße 9, Göttingen, 0551 50766 392, info@plea-ev.de, 0551-48888922, wbtp-goettingen@plea-ev.de, Öffnungszeiten: Mo, Fr, Sa von 10-18 Uhr
- DemokraTeaTime: DemokraTeaTime e.V. – DemokratieTeaTalk; Pizza, Döner und Politik (open events to talk about political agenda)

Nature & Gardening:

- Friends of the Earth Germany, Göttingen: BUND
- BSG: Biologische Schutzgemeinschaft
- Göttinger Umwelt- und Naturschutzzentrum
- NABU Göttingen
- Ornithology Group: Göttinger Ornithologen
- Wild Bees: Arbeitskreis Wildbienen
- Schulwälder für Westafrika e.V.
- JANUN
- Internationale Gärten e.V.,
- Alumini Student Garden

Church:

- Baptisten Göttingen
- Katholische Kirche im Dekanat Göttingen
- khg Göttingen
- ESG Göttingen
- Neuapostolische Kirche Gemeinde Göttingen
- Ev.-ref. Gemeinde Göttingen
- ecclesia-goettingen.de
- 哥廷根華人基督徒團契 CCG Göttingen
- Kirchengemeinde des hl. Erzengels Michael zu Göttingen
- 독일괴팅엔 한인교회 | Göttingen | Facebook

Volunteering in Social Institutions & Initiatives in Göttingen

Social work:

- [Foodsharing Network Göttingen](#)
- [Bahnhofsmission Göttingen](#) Volunteer work: Helping for people in need
- [Malteser in Göttingen](#)
- Lunch at St. Michael Church: [Mittagstisch St. Michael](#) | [St. Michael Göttingen](#)
- Oxfam: [Secondhand – Oxfam Shop](#)
- [Tafel Göttingen e.V.](#) Volunteer work: Food distribution for those in need
- [Queeres Zentrum Göttingen](#)
- Evangelisches Krankenhaus Weende: „[Weender Angel](#)“
- [Weltladencafé Göttingen](#)



Social work with refugees:

- [Bonveno gGmbH](#): Help for refugees in Göttingen
- Migrationszentrum: [Ehrenamtliche Flüchtlingshilfe](#)
- BfGoe: [Göttinger Spendenzentrum - BfGoe](#)
- [Hochschulgruppe connACTION](#): Intercultural exchange between students and refugees.
- [Conquer Babel](#): A student-run organisation that provides support to refugees in and around Göttingen and helps overcome language barriers by offering free translation services, tutoring, homework assistance, meeting places, and other forms of support.
- [Refugee Law Clinic Göttingen e.V. – Kostenlose, studentische Rechtsberatung für Flüchtlinge und Ausländer](#): A student-run, non-profit association that aims to provide free legal advice to refugees and people without German citizenship. The advice covers asylum and immigration law.
- [ROSA e.V. - rolling safespace](#): A non-profit organisation that uses a converted truck to provide a safe space for women fleeing.

Social work with children:

- [StudyTutors](#) – Projects: Tutoring in Göttingen, organizing activities
- [Evangelischer Verein Bildung und Dialog e.V.](#): Projects: [MyFuture](#), [Nachhilfe](#)
- Martin-Luther-King-Schule: [Projects](#)

Family Support:

- International parent-child groups: [Ev. Familien-Bildungsstätte Göttingen: Griffbereit und Rucksack – So geht Mehrsprachigkeit!](#)
- [Family Center Rosdorf](#)

Social work with elderly people:

- [Stift am Klausberg](#) Volunteer work: Reading out newspapers etc.
- [Zentrum für ältere Menschen](#)
- [Feierabendhaus](#)